



Long Arm Quick Fist Installation Instructions.

1. The Long Arm QUICK FIST clamp can be mounted in any direction; but when mounted vertically, it is easier to release and engage the strap onto the latching post, if the strap is hanging downward (as photo above).

2. Mount the clamp with either two 1/4" (6mm) bolts or two #14 wood or sheet metal screws and two 1/4" (6mm) washers. Snug screws or bolts. Do not over tighten, as rubber just spreads.

3. After locking the strap on the larger latching post, either pull the strap tighter and use the small post as an additional lock (see illustration 1); or roll the remainder of the strap inward and fasten on the small post (see illustration 2).

